



## Details about Leadership Kick-Off Weekend 2021

Cost: \$50.00 per delegate

Host: Burry Heights Camp on Salmonier Line

Theme: "AY: As Seen On TV"

Sleeping arrangements:

All AY'ers will sleep in assigned bunks/cabins.

### Meals

You will be provided with the following meals:

- Supper – Friday evening
- Breakfast – Saturday morning
- Lunch – Saturday afternoon
- Supper – Saturday evening
- Breakfast – Sunday morning
- Snacks will be available throughout the weekend

### Showering arrangements

There are individual showers available in each cabin and in the main building.

### ITEMS TO BRING

- Sleeping Bag or equal number of sheets and blankets
- Single fitted sheet for mattress cover
- Pillow
- Pajamas
- Appropriate clothing for three days and two nights
- Loose clothing/sneakers for all activities
- Outdoor clothing for all possible weather. Activities go ahead rain or shine! Bring rain gear.
- Instruments or needed props for talent show
- Camera to take pictures for your AY Yearbook
- Face mask or face shield
- Money for lunch/travel stops during travel to/from site and/or extra snacks (see allergy list below)
- Toiletries
  - Shampoo/Conditioner/Soap
  - Toothbrush/Toothpaste
  - Face Clothes
  - Deodorant
  - Towels
  - Hair Dryer
  - Hairbrush
  - Prescriptions (if required)
  - Hand sanitizer

\* NOTE: We have severe allergies, so please do not bring any food containing nuts, fish, kiwi, bananas, or pomegranates.

\*We are also SCENT FREE, please do not bring any strong colognes or perfumes.



## RULES AND REGULATIONS

- All AY'ers must attend all sessions and functions. Your cooperation is needed to make these sessions as beneficial as possible.
- The consumption of energy drinks is not permitted at any time during or in transit to any AY event.
- Alcohol and other drugs are strictly forbidden and will not be tolerated.
- Buildings must be kept clean and tidy and be respected, as it is not our property.
- Please give all leaders and volunteers the respect they deserve at all times.
- Respectable and becoming language is to be used at all times.
- Appropriate clothing is to be worn at all times, items depicting drug usage, sexually explicit images, or inappropriate language will not be tolerated. If found wearing these items, delegates will be asked to change.
- Delegates remain at the site at all times. When a field trip or game etc. takes us off site grounds, all delegates will travel together. If a delegate does not follow this rule and leaves the site at any time without permission from AY staff or volunteers, including parent/school/post advisor he/she will be dismissed and sent home immediately. Parent/guardian will be notified.
- Delegates must wear their lanyards displaying their name at all times.
- Cell phones should be turned off or on vibrate during all activities. Phone use is NOT permitted during organized activities.
- Registration for this event is through your Post and all permission slips must be submitted to your Post Advisor BEFORE travel.
- Allied Youth is not responsible for any lost or stolen items – therefore, do not bring valuables with you to Kick-Off Weekend.
- A face mask or face shield **MUST** be worn at all times by all delegates, including guest speakers.

THIS EVENT IS PLANNED AND COORDINATED ANNUALLY BY VOLUNTEERS.

WE ENCOURAGE YOU TO PARTICIPATE TO THE FULLEST!



**Parent/Guardian Consent Form and Liability Waiver Form – Leadership Kick-Off Weekend 2021**

Name and Date of Event: \_\_\_\_\_

Legal Name of AY Member: \_\_\_\_\_

Preferred Name: \_\_\_\_\_ Preferred Pronouns \_\_\_\_\_

Home Address \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Date of Birth (MM/DD/YYYY): \_\_\_\_\_

Parent/Guardian alternate number in the event of emergency: \_\_\_\_\_

Participant's MCP # \_\_\_\_\_

Family Doctor Name: \_\_\_\_\_

**Parental Agreement**

I \_\_\_\_\_ give my permission for \_\_\_\_\_ to participate in the above named activity. I acknowledge that my child is participating in this event voluntarily and that Allied Youth Newfoundland and Labrador will not assume responsibility for injury, illness, loss, or damage sustained by participants during the course of this event. In the event of emergency, I authorize staff to seek emergency medical treatment.

**Video / Photo Release**

I understand that photos, videos, and images of my child will be taken during Allied Youth events (or during travel to and from events) and may be used on the Allied Youth Provincial Website or in other forms of promotional material for the program. I give permission for Allied Youth Newfoundland & Labrador to use my child, \_\_\_\_\_'s image on their website, social media, and materials for promotion use.

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Date



## **Participant Agreement – Leadership Kick-Off Weekend 2021**

In choosing to attend this event, I commit to the following:

- I will respect others and participate in activities in a non-violent way
- I will use speech that is non-offensive and respectful to others
- I will refrain from sexual or sexualized relationships with other participants
- I will refrain from the use of alcohol and non-prescription drugs
- If I am using medications, I will only take them in the manner directed
- I will speak up and inform a leader if I feel that my safety or well-being is threatened in any way
- I will wear my face mask or face shield at all times during the event

I understand that if I break these commitments, I may be sent home prior to the end of the event.

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Participant Signature

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Date

### **Participant Medical Information Form**

Dietary restrictions and/or allergies of the participant:

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Medical concerns, special needs, and/or required accommodations of the participant:

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I, \_\_\_\_\_, consent that the information provided above is complete,  
Full name of parent/guardian

and hereby give permission for my child \_\_\_\_\_ to participate in the  
Full name of participant

above stated event.



## **Public Speaking Competition – Leadership Kick-Off Weekend 2021**

We will be hosting our Public Speaking Competition at LKO! Trust us, you're going to want to take part, because the 1<sup>st</sup> Place winner will win FREE ADMISSION to Provincial Conference, being held April 2022 in St. John's, NL.

### **Requirements**

You will deliver a 2-3-minute speech to a small panel of judges during LKO. This speech should be prepared prior to Kick-Off and two paper copies should be brought. The top speakers will then deliver their speech a second time at supper on the Saturday night to the youth members.

- 1) Given all the images that we're exposed to in the media on a regular basis, how do you think they impact how young people view themselves? (I.e., Body image, self-confidence/self-esteem)
  
- 2) The media is often highly criticized for being extremely negative. Discuss the benefits the youth of today can gain from their increased exposure. (Radio, television, social media, etc.)
  
- 3) How do you feel the increase of our time spent online, especially during lockdown, has impacted the mental and physical health of young people?

